Saint Domnica

January 8

Apolytikion

Intonation: #25
Plagal Fourth Mode

In thee the image was preserved with exactness,

O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver - look_ the_ flesh, for it pass - eth a - way, but

www.stanthonyssmonastery.org/music/Menaion.htm
Sometimes singing in moderation successfully relieves the temper.
But sometimes, if untimely and immoderate, it lends itself
to the lure of pleasure. Let us then appoint definite
times for this, and so make good use of it.

- St. John of the Ladder